

Intentional Gardening

for Water Quality, Wildlife Habitat, and Pollinators



Northwest Regional Planning
Commission

Nectar Landscape Design
Studio, LLC

Why are we here?

Share a set of tools to help you better understand the connection to stormwater on your property and take action

1. Stormwater 101 - Build base knowledge
2. Review resource packet
3. Designing with nature based solutions for water quality
4. Incorporate native plants
5. Review planting plans and discuss modifications

PART 1: Stormwater 101

Learning Objectives:

- ❖ Define stormwater
- ❖ Connection from your house to Lake Champlain
- ❖ Round-up of common practices

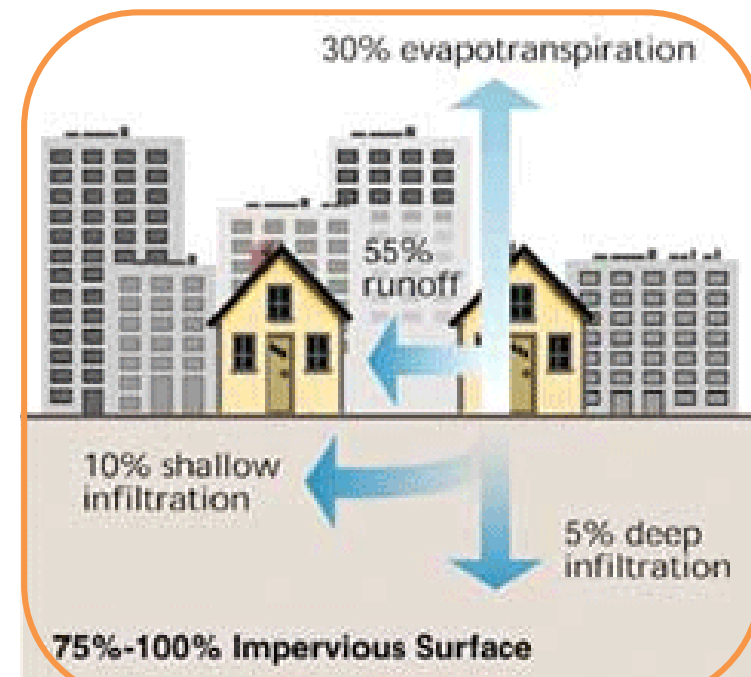
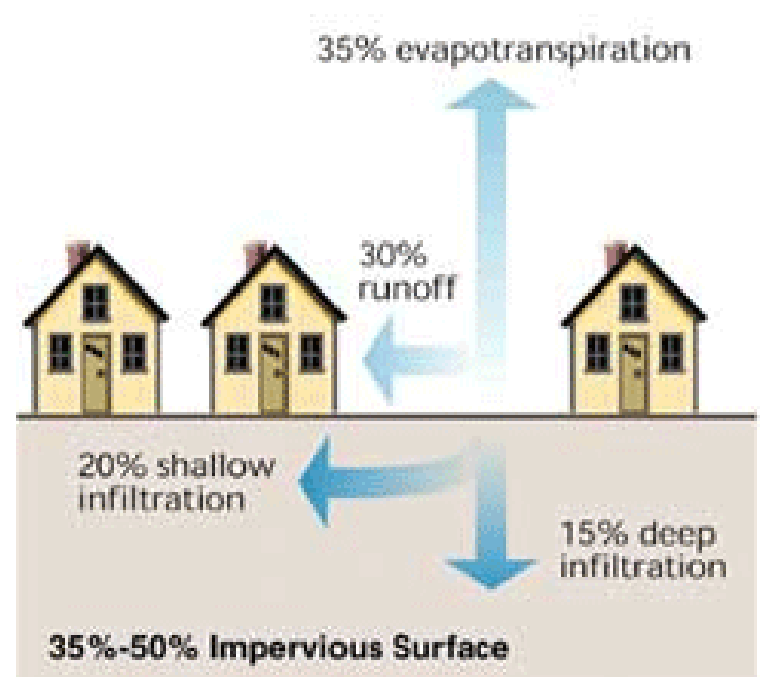
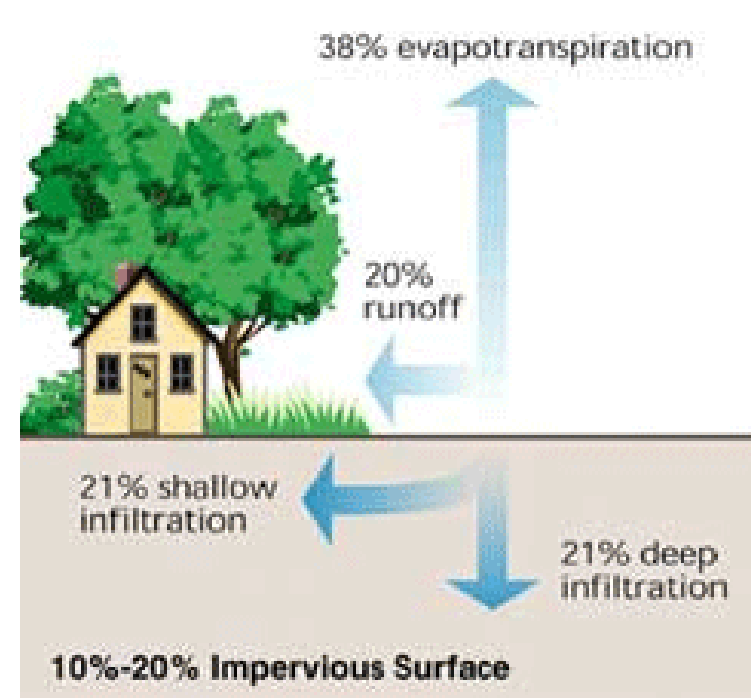
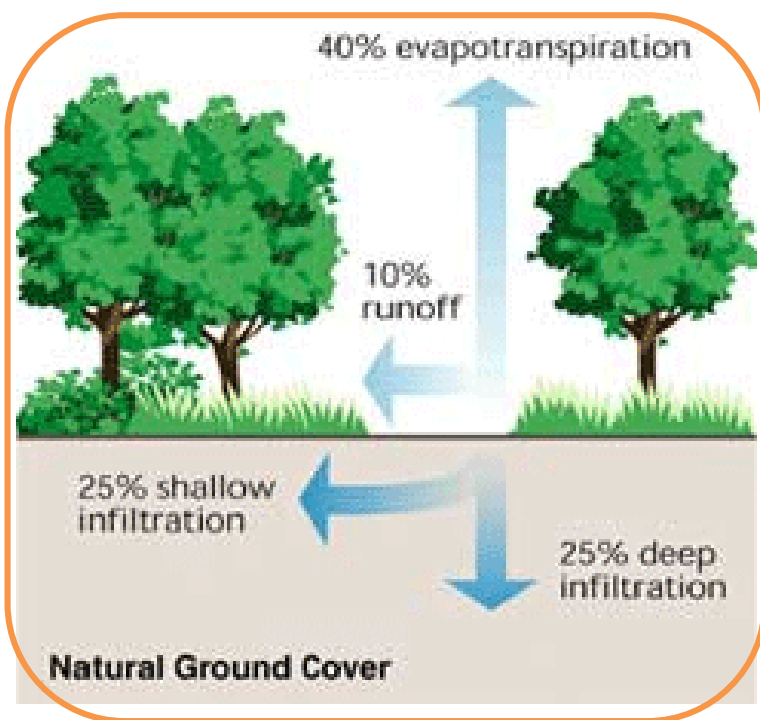
What is Stormwater runoff?

Precipitation from rain or snowmelt that is not absorbed into the ground and flows over the landscape

When rain hits impervious surfaces like driveways, sidewalks, and buildings it cannot soak into the ground and becomes **runoff**



Changes to Water Cycle

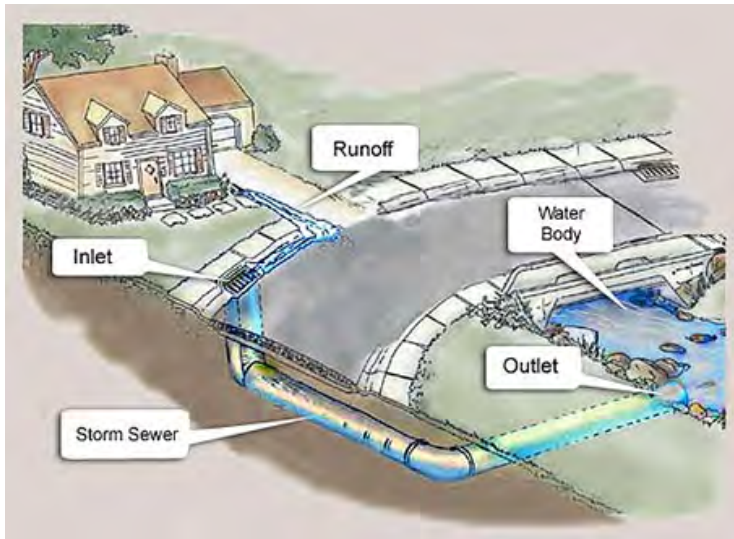
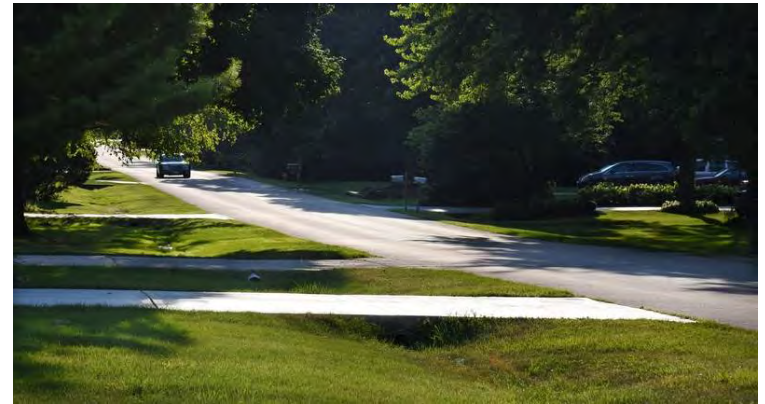


The Path of Stormwater

Storm drain network



Town ditch (& culvert) network



Why is Stormwater A Problem?

- Changes in hydrology
 - Increased flooding
 - Stream bank erosion
 - Lower groundwater infiltration
- Sediment Transport
 - Stress on overall aquatic ecosystem
- Nutrient Overload
 - Increase algae blooms
 - Economic & Recreational Nuisance
- Bacteria Transport
 - Excess nutrients in waterbody
- Damages infrastructure
- Pollutants



Downstream Erosion & Phosphorus Connection

Stormwater can increase erosion in the stream channel



Our soils contain high levels of phosphorus



Sediment is carried to the lake



Rugg Brook below the Industrial Park
before restoration




How much runoff are we talking?



Estimate the volume of stormwater generated from a 1" rainstorm

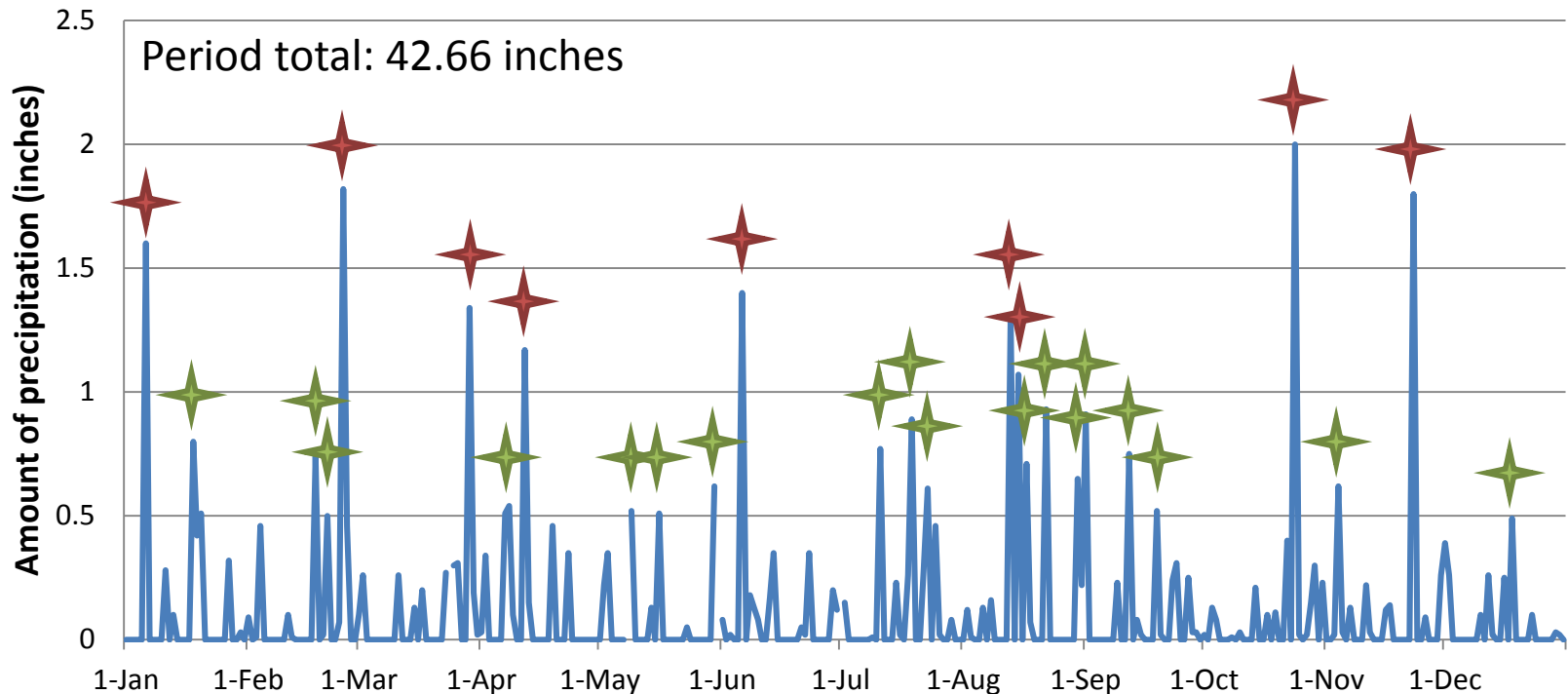
Stormwater volume (gallons) = (Total Impervious Area ft²) x 0.0833 x 7.488

0.0833 feet in one inch and 7.48 gallons are in a cubic foot

Driveway Lengths (assuming 12ft width)	Driveway Area	Gallons of Runoff	This fills...
Median - 148 ft	1,776 sq ft	1,108 gall	 × 2.8
Average – 284 ft	3,408 sq ft	2,126 gall	 × 5.3
26% of driveways between 300-499 ft (average 385 ft)	4,620 sq ft	2,882 gall	 × 7.2

How much runoff are we talking?

Enosburg Falls
2016 Daily Precipitation (Rain + Snowfall)



BLUE – Daily total

RED – 1" storm

GREEN – 0.5" storm

Impact across a Community from a 1" storm

Burlington



= 149,000,000
gallons of runoff or

225

St. Albans City



= 48,777,617
gallons of runoff or

46

Enosburg Falls



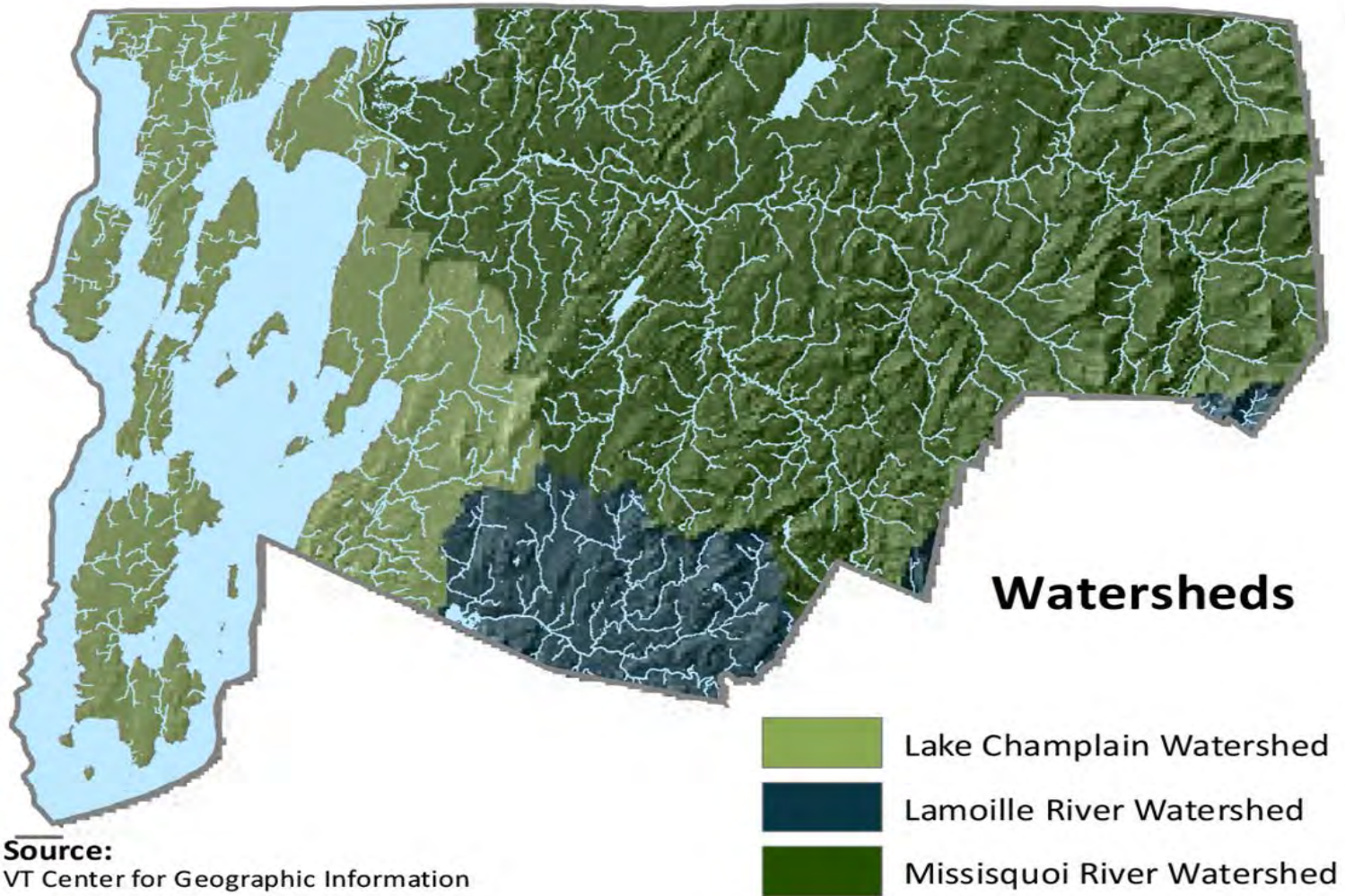
= 4,335,607
gallons of runoff or

6.6

Olympic size swimming pools



Goal for the Watershed



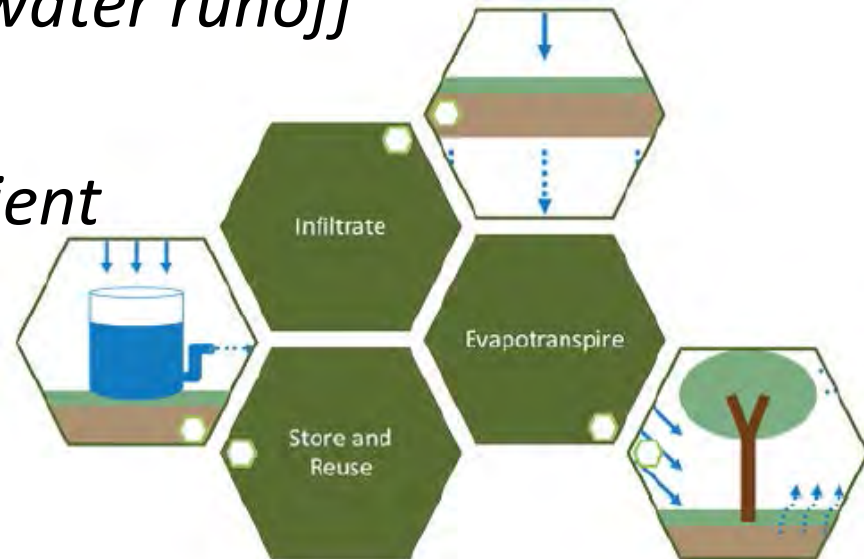
Slow it, Spread it, Sink it

Green Stormwater Infrastructure

Mimic natural processes: storage, detention, infiltration, evaporation, and transpiration (uptake by plants)

Focus → improving water quality and decreasing the total quantity of stormwater runoff

Result → reductions in nutrient pollution & erosive forces



Non-Vegetative GSI Solutions

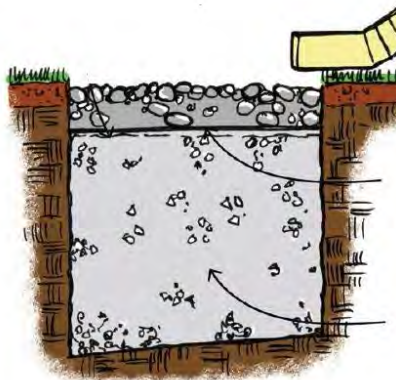
Rain Barrel



Water bar



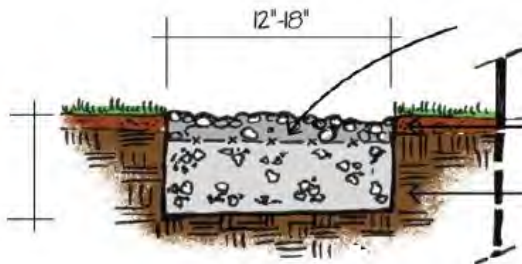
Dry Well



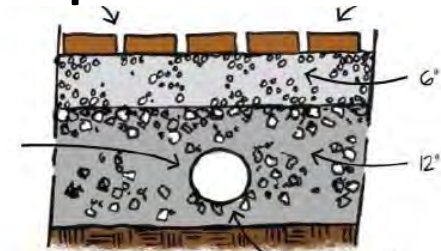
Infiltration Stairs



Infiltration Trench



Permeable pavers



A Simple Action: Raise the Blade

- Several lawn care strategies have been found to *improve soil health, increase stormwater absorption and help filter pollutants.*

RECOMMENDED PRACTICES:

- 👍 **Cut the grass to 3"**
- 👍 **Leave the clippings on the lawn**
- 👍 **Cut 1/3 of grass blade at each mowing**



WHY DO WE CARE?

These lawn care practices help create *healthy soils.*

- *Healthy soil can hold up to 20x its weight in water, making it more drought resistant*
- *Healthy soils are rich in organic matter*
 - *The carbon in organic matter filters pollutants from runoff*
- *Healthy soil increases your lawn's resilience to pests and diseases*

Vegetative GSI Solutions

- Plants as filter -- reduce the force and slow the flow of water
- Maximize vegetative buffer along streams & shorelines to stabilize soils with thick mats of roots
- Rethink the size of your lawn to incorporate vertical layers of vegetation.

Part 2: Resource Guide

Franklin County Stormwater Collaborative

<http://www.fcsvt.org>

Resource for stormwater educational materials and events (trainings or clean-up days).

Northwest Regional Planning Commission

Amanda Holland

aholland@nrpcvt.com (802) 524-5958

Resource Guide

- 2018 VT Guide to Stormwater Management for Homeowners and Small Businesses
- 2017 Federation of VT Lake and Ponds, A Guide to Healthy Lakes Using Lakeshore Landscaping
- VT Lake Wise Program Factsheets on BMPs
- Vermont Raingarden Manual
- Digsafe – 1-888-DIGSAFE at least 48 hrs prior



GARDENING WORKSHOP: Maximizing the benefits of vegetation in the home landscape

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Web: www.nectarvt.com
www.pollinatorgardens.org





VEGETATION AT WORK



No-mow zones

Unmown areas of trees, shrubs, and/or herbaceous groundcovers that help stabilize soils, absorb stormwater, and provide wildlife habitat



Vegetated swales

Shallow, open channels lined with dense vegetation designed to convey, slow, and filter excess stormwater runoff



Vegetative buffers

Unmown vegetated areas that help protect tributaries and bodies of water such as streams, rivers, and lakes.



Rain gardens

Gardens of native shrub and perennials planted in a shallow depression designed to temporarily hold and soak in rain water runoff from roofs, driveways, patios or lawns.



1. SITE ANALYSIS

Evaluating your home landscape for vegetative stormwater solutions



SITE ANALYSIS

- Property boundary
- Utility locations
 - Are there above and/or below ground utilities in the work area?
 - Call 811 for utility marking
- Existing vegetation
 - Are there invasive species that should be removed?
- Microclimates
 - Sun patterns, wind exposure
- Site Soils
- Existing stormwater pathways
 - High points, low points, drainage pathways, wet areas
- Winter snow storage
- Site functions
 - How your property is used for passive/active recreation by children, pets, adults, etc.



1 NOTIFY

Notify your local one-call center by calling 811 or making an online request 2-3 days before work begins. [Click here](#) for information about your local one-call center and online service availability. The one-call center will transmit information to affected utility operators.



2 WAIT

Wait 2-3 days (varies by state; please [click here](#) for state law information) for affected utility operators to respond to your request. On average, between 7-8 utility operators are notified for each request.

3 CONFIRM

Confirm that all affected utility operators have responded to your request by comparing the marks to the list of utilities the one-call center notified. State laws vary on the process for confirmation; please check with your local one-call center for more information.



5 DIG CAREFULLY

Dig carefully. If you can't avoid digging near the marks (within 18-24 inches on all sides, depending on state law), consider moving your project to another part of your yard. If you must dig near the marks or use machinery of any kind, please [click here](#) to read "The 811 Process for Contractors."



4 RESPECT

Respect the marks. The marks provided by the affected utility operators are your guide for the duration of your project. If you are unable to maintain the marks during your project, or the project will continue past your request's expiration date (varies by state), please call 811 to ask for a re-mark.



**Know what's below.
Call before you dig.**

Use this free service to confirm utility locations and keep you and your utilities safe



Do you have invasive species that should be controlled?




Visit: www.vtinvasives.org



This mark indicates a state regulated species.

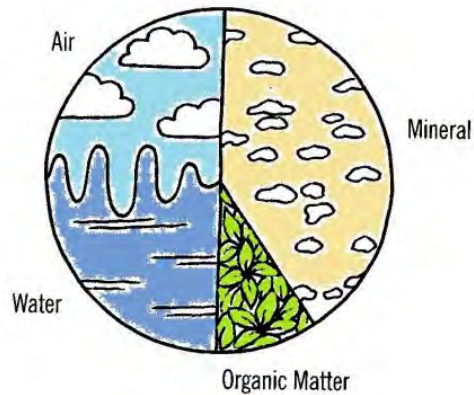


YELLOW FLAG IRIS



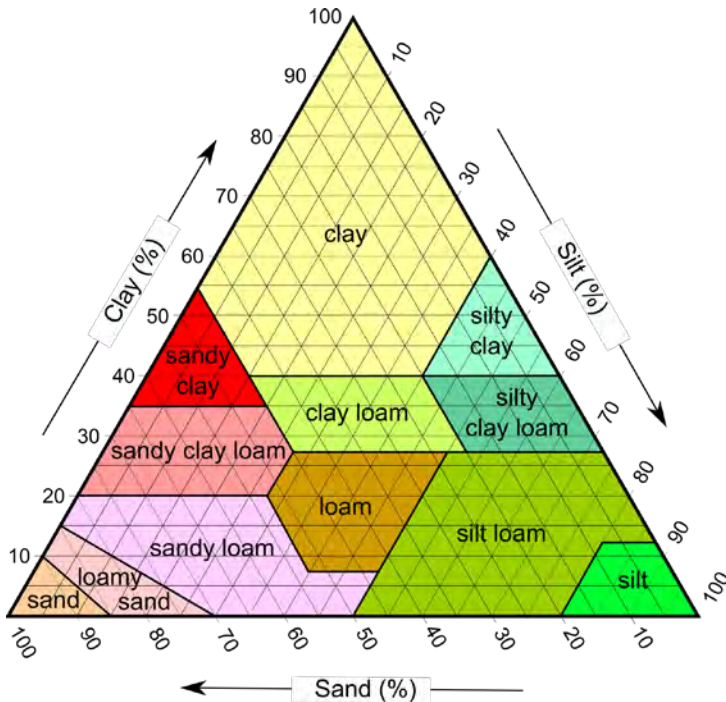
Assess microclimates on your property. Which areas are sunnier/shadier, wetter/drier, and windier.

- Full Sun = >6 hours direct sunlight daily
- Part Sun/Part Shade = 3-6 hours
- Shade = <3 hours of direct sunlight daily



Soil plays a vital ecological role by absorbing and cleansing pollutants from stormwater

- The **texture** of a soil is based on the percentage of sand, silt, and clay found in that soil.
- A textural triangle (left) is commonly used to help describe the texture of a soil.
- Soil texture affects the capacity of a soil to infiltrate stormwater.



Learn more about your soil texture with a simple



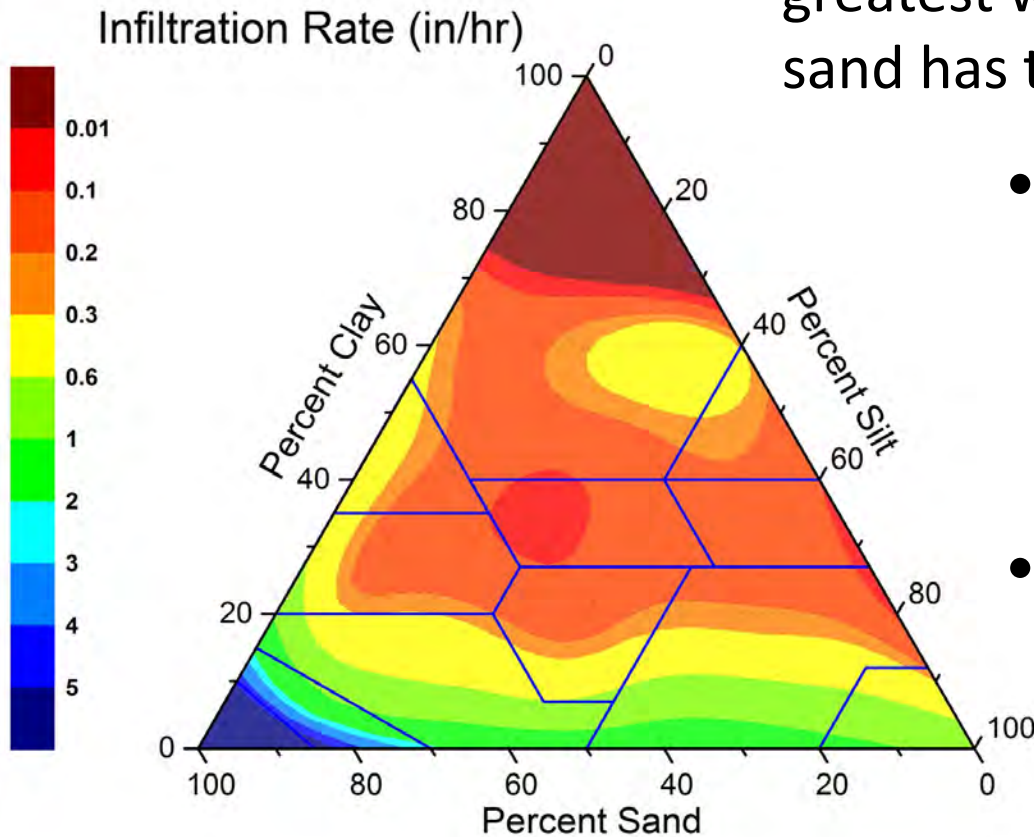
JAR SOIL TEST



Instructions can be found at:
<https://www.gardeningknowhow.com/garden-how-to/soil-fertilizers/soil-texture-jar-test.htm>



- Soil texture affects the capacity of a soil to hold water. The smaller the soil particles, the more water the soil can retain. Thus, clay soils have the greatest water-holding capacity and sand has the least.



- For infiltration practices, such as rain gardens, sandier soils are preferred over clay soils.
- If soils are too clayey, less water will be infiltrated, and standing water may become problematic.



INFILTRATION TEST

To assess the infiltration rate of your existing soils:

1. Dig a hole 6-12 inches deep and 6 inches wide.
2. Fill hole with water and let stand for one hour.
3. Refill hole with water. Measure depth of water with a ruler.
4. Let stand 1 hour. Measure the depth again. (For clay soils, let stand 6 hours or longer)
5. If less than 6 inches of water can infiltrate in 24 hours, choose a new location for the infiltration practice or consult a professional.





SOIL MAPPING/TESTING

How is your soil mapped by the NRCS?
<http://websoilsurvey.nrcs.usda.gov>

Need a soil test from a lab?
http://pss.uvm.edu/ag_testing/



You are here: Web Soil Survey Home

- Search
- Enter Keyword
- All NRCS Sites
- Browse by Subject
- Soils Home
 - National Cooperative Soil Survey (NCSS)
 - Archived Soil Surveys
 - Status Maps
 - Official Soil Series Descriptions (OSD)
 - Soil Series Extent Mapping Tool
 - Geospatial Data Gateway
 - eFOTG
 - National Soil Characterization Data

The simple yet powerful way to access and use soil data.



Welcome to Web Soil Survey (WSS)



Web Soil Survey (WSS) provides soil data and information produced by the National Cooperative Soil Survey. It is operated by the USDA Natural Resources Conservation Service (NRCS) and provides access to the largest natural resource information system in the world. NRCS has soil maps and data available online for more than 95 percent of the nation's counties and anticipates having 100 percent in the near future. The site is updated and maintained online as the single authoritative source of soil survey information.

Soil surveys can be used for general farm, local, and wider area planning. Onsite

I Want To...

- o **Start Web Soil Survey (WSS)**
- o **Know Web Soil Survey Requirements**
- o **Know Web Soil Survey operation hours**
- o **Find what areas of the U.S. have soil data**
- o **Find information by topic**
- o **Know how to hyperlink from other documents to Web Soil Survey**
- o **Know the SSURGO data structure**

Soil Test Submission Form

For vegetables, fruits, lawn/turfgrass, trees, shrubs, and flowers. Home and Commercial. See crop list on back.




Main Contact (mailing address):		Copy to (Extension, consultant, etc.) or Billing Info.	
Name:		Name:	
Farm/Company:		Company/Agency:	
Address:		Address:	
City, State, Zip:		City, State, Zip:	
Phone:		Phone:	
E-mail:		E-mail:	
Send results by: Mail <input type="checkbox"/> or E-mail <input type="checkbox"/>		Send results by: Mail <input type="checkbox"/> or E-mail <input type="checkbox"/>	

Vermont county where samples were taken: _____ Check here if Commercial operation: _____
 The basic nutrient test costs \$15 per sample (1 bag of soil = 1 sample), and includes pH, available P, K, Ca, Mg, S, micronutrients, CEC, organic matter, and fertilizer recommendations for one crop. Recommendations for additional crops on the same sample are \$2 each. Add \$10 for heavy metal analysis (in addition to basic analysis, for a total fee of \$25). Metals only analysis (no nutrient test) is \$15 per sample (Crop Code 2). One-half cup to one cup of sample required for all tests; any clean plastic bag may be used. Please print clearly.

Lab ID (For lab use only)	Field or Sample Name (You may list up to 20 samples on one page; use any clean plastic bag for samples)	Approx. area represented by sample	Crop Codes (see back of form; 1 crop included in \$15 fee; add 1 crop \$2 each)	Check here for metals test	Fee
1		___sq. ft. ___acres			\$
2		___sq. ft. ___acres			\$
3		___sq. ft. ___acres			\$
4		___sq. ft. ___acres			\$
5		___sq. ft. ___acres			\$
6		___sq. ft. ___acres			\$
7		___sq. ft. ___acres			\$
8		___sq. ft. ___acres			\$
9		___sq. ft. ___acres			\$
10		___sq. ft. ___acres			\$

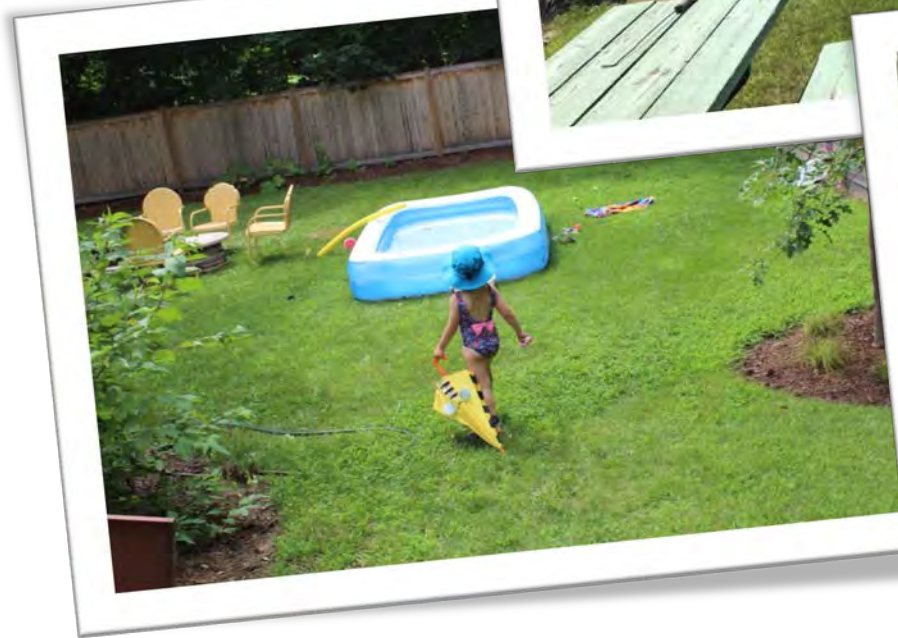
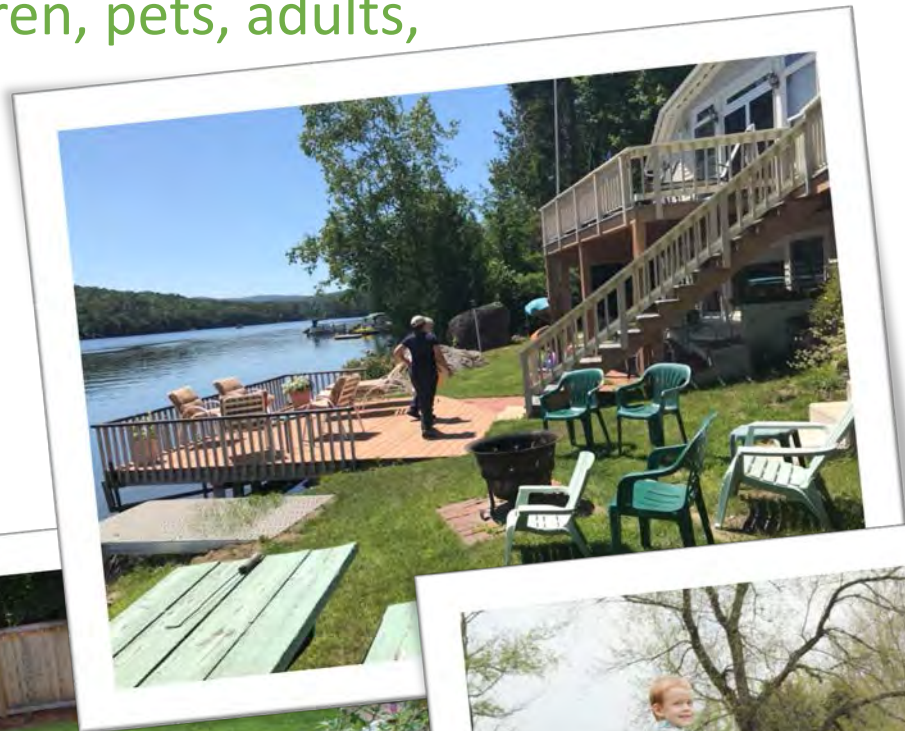
Use additional sheets for more than 10 samples.
 Please include payment, unless prior arrangements have been made. **Checks only**, payable to UVM. Total fee \$ _____
 If this form came in a pre-addressed mailer, one sample can fit in it. Otherwise, use a box or large envelope.
 Send to: Univ. of Vermont, AETL, 262 Jeffords Hall, 63 Carrigan Drive, Burlington, VT 05405-1737
 Other tests available on request. Email us at: agtesting@uvm.edu 802-656-3030 pss.uvm.edu/ag_testing
 Test results are normally ready to mail/e-mail on the 2nd Monday after samples arrive at the lab.



Examine existing stormwater conditions and challenges:

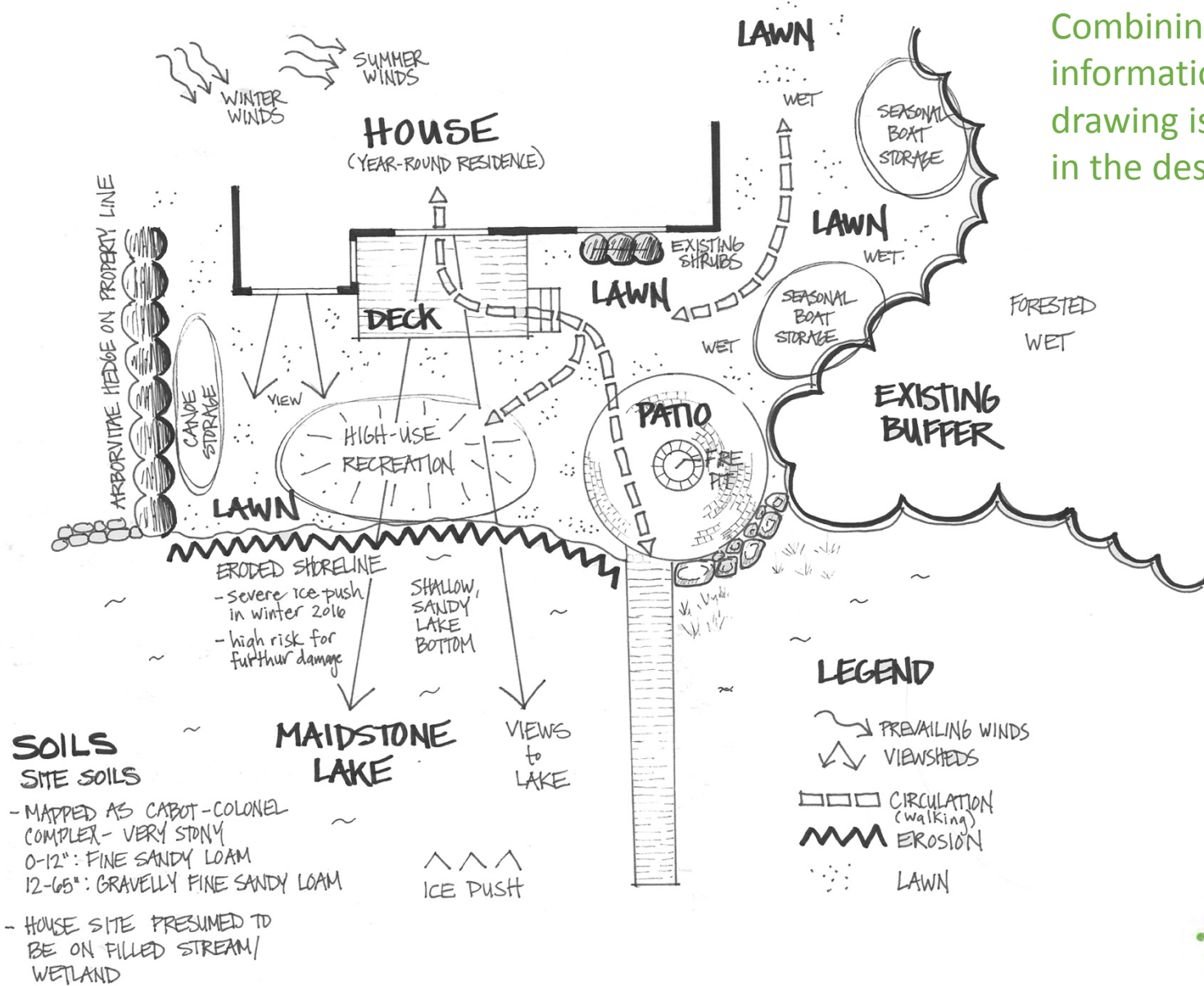
- High points, low points, drainage pathways, wet areas

Site functions - How is your property used for passive/active recreation by children, pets, adults, etc.?



SAMPLE SITE ANALYSIS DRAWING

Combining site analysis information in a single drawing is a helpful step in the design process.



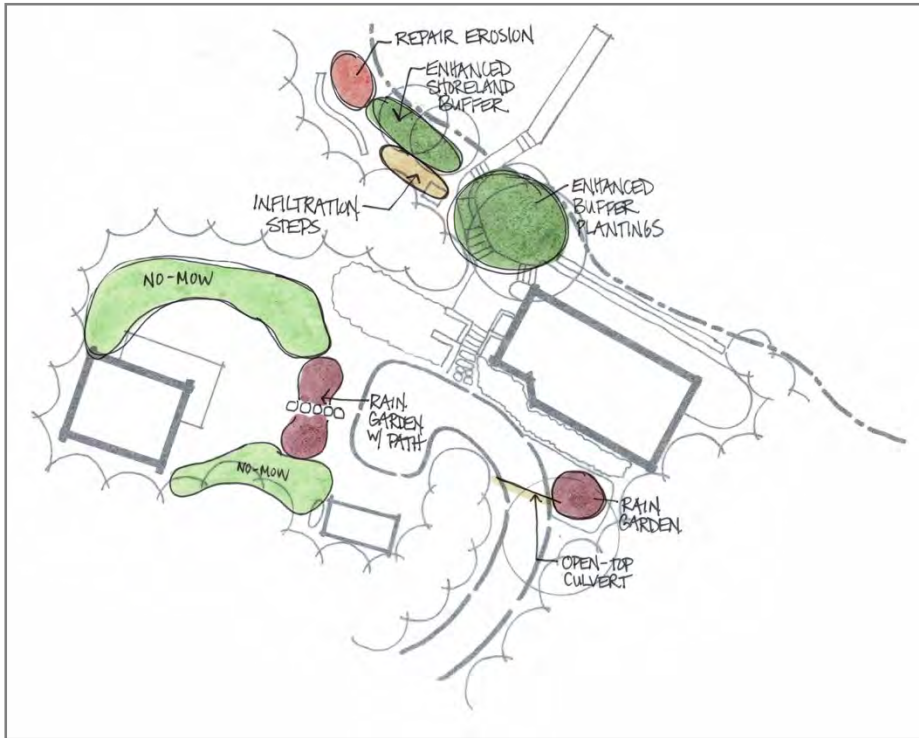


2. CONCEPTUAL PLANNING

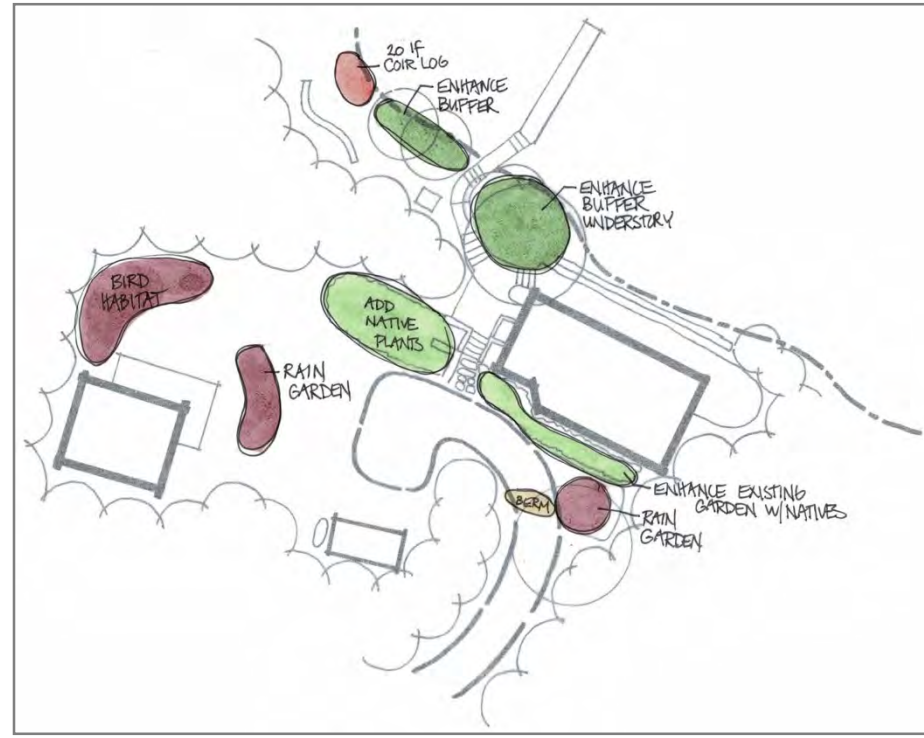
“Conceptual design” is part of the design process followed by landscape architects. The concept plan (a.k.a. functional diagram or bubble diagram) organizes the design elements within the landscape space, creating functionality in the design. A good concept will serve as the framework for the rest of the design process.

SAMPLE CONCEPT PLAN

CONCEPT A



CONCEPT B



SAMPLE CONCEPT PLAN

CONCEPT A



CONCEPT B





3. USING NATIVE PLANTS

Plants that are native to our region are typically recommended for planting in rain gardens, vegetated swales, and vegetated buffers



WHAT IS A “NATIVE” PLANT?



A plant that has developed over hundreds or thousands of years in a particular region or ecosystem and is part of the balance of nature.



Typically, only plants found in this country before European settlement are considered to be native to the U.S.



Being “native” can vary in scale (U.S., New England, VT, Franklin County?) When defining a native plant, you must also define the geographic region.



BENEFITS OF NATIVE PLANTS



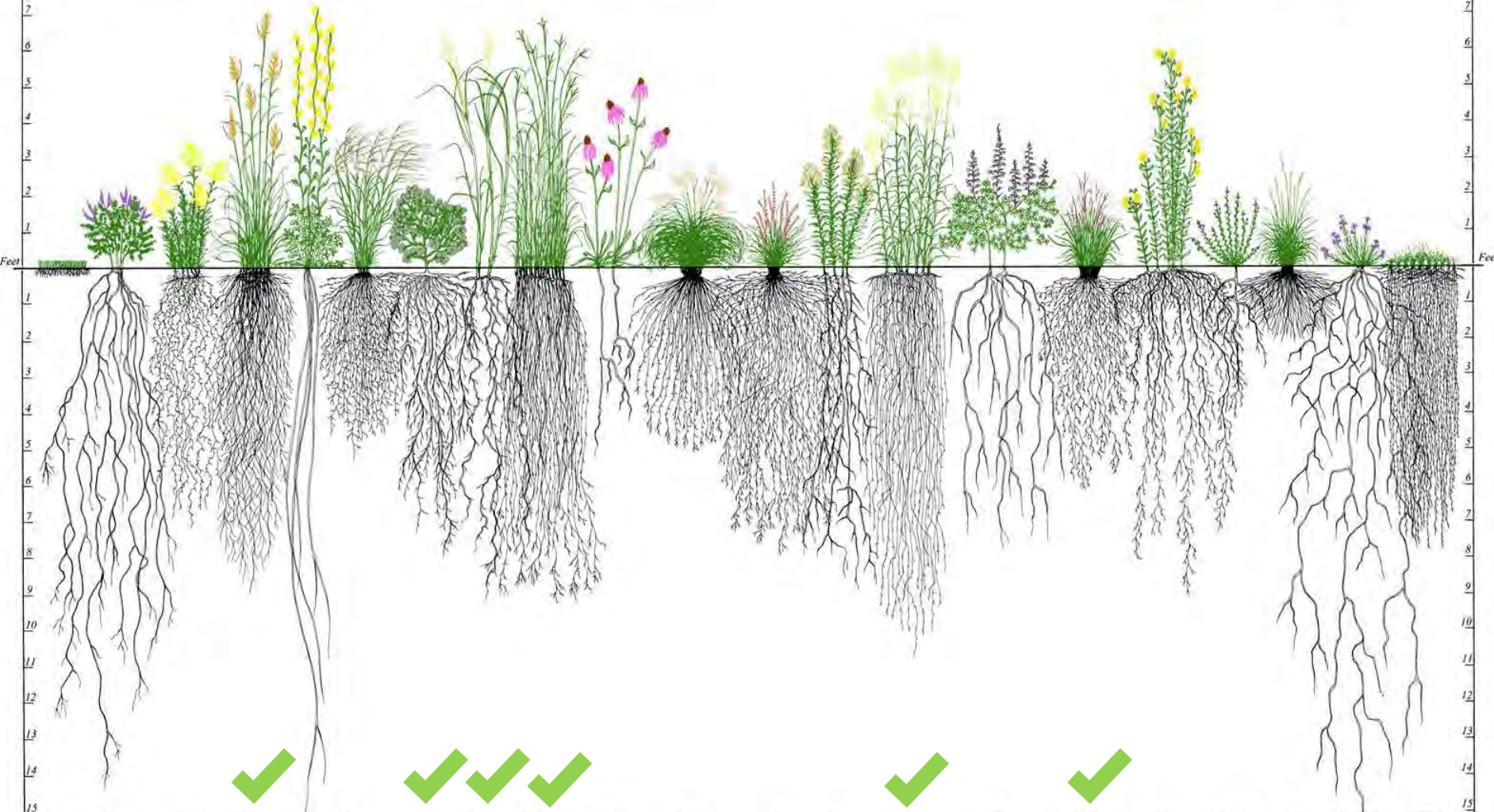
Photo: Annie White, NECTAR

- Adapted to our local soils & climate
- Have deep root systems
- Preferred host plants for native insects and food source for pollinators
- Do not require long-term irrigation in the landscape
- Do not require fertilizer in the landscape
- Promote biodiversity and stewardship of our natural heritage

Root Systems of Prairie Plants

Conservation Research Institute

Heidi Nansen 1995
©



- | | | | | | | | | | | | | | | | | | | | | |
|--|---|--|--|--|--|--|--|--|---|--|--|---|--|---|--|--|---|---|---|--|
| Kentucky Blue Grass
<i>Poa pratensis</i> | Lead Plant
<i>Amorpha canescens</i> | Missouri Goldenrod
<i>Solidago missouriensis</i> | Indian Grass
<i>Sorghastrum nutans</i> ✓ | Compass Plant
<i>Silphium laciniatum</i> | Porcupine Grass
<i>Stipa spartea</i> | Heath Aster
<i>Aster ericoides</i> ✓ | Prairie Cord Grass
<i>Spartina pectinata</i> ✓ | Big Blue Stem
<i>Andropogon gerardii</i> ✓ | Pale Purple Coneflower
<i>Echinacea pallida</i> | Prairie Dropseed
<i>Sporobolus heterolepis</i> | Side Oats Gramma
<i>Bouteloua curtipendula</i> | False Boneset
<i>Kuhnia eupatorioides</i> | Switch Grass
<i>Panicum virgatum</i> ✓ | White Wild Indigo
<i>Baptisia leucantha</i> | Little Blue Stem
<i>Andropogon scoparius</i> ✓ | Rosin Weed
<i>Silphium integrifolium</i> | Purple Prairie Clover
<i>Petalostemum purpureum</i> | June Grass
<i>Koeleria cristata</i> | Cylindric Blazing Star
<i>Liatris cylindracea</i> | Buffalo Grass
<i>Buchloe dactyloides</i> |
|--|---|--|--|--|--|--|--|--|---|--|--|---|--|---|--|--|---|---|---|--|



PLANT TREES!



- A mature oak tree can soak up and transpire about 80 gallons of water per summer day
- A mature maple can soak up and transpire about 40 gallons



HABITAT BENEFITS OF NATIVE PLANTS



NON-NATIVE
Kousa Dogwood
Benthamidia japonica
Supports 0 species



NATIVE
Flowering Dogwood
Benthamidia florida
Supports 117 species

- Native plants are the preferred food sources for native birds and the preferred host plants for native insects and pollinators
- Consider native plant species for your landscape before non-native species
- Learn more at:
www.bringingnaturehome.net

HABITAT BENEFITS OF NATIVE PLANTS



Monarch caterpillar on Milkweed



Juniper Hairstreak on Red Cedar



HABITAT BENEFITS OF NATIVE PLANTS

- Native plants and the nectar and pollen they produce are often the preferred food source for native pollinators, including bees and butterflies
- Plant a diversity of native flowering plants that provide nectar and pollen to pollinators from early spring to late fall



Photo: Annie White, NECTAR

IMPORTANCE OF POLLINATORS



- **75%** - Percentage of the world's food crops that depend at least in part on insect pollination (Klein et al. 2007)
- **90%** - Percentage of wild flowering plants that depend on animal-mediated pollination (Ollerton et al. 2011)
- **\$235-577 billion** - Annual value of global crops directly affected by pollinators
- **300%** - Increase in volume of agricultural production dependent on insect pollination in the past 50 years (Aizen and Harder 2009)
- **39%** - Percentage of pollinator-dependent crop area in the U.S. that suffers from a mismatch between supply of wild bees and the need for their pollination services (Koh et al. 2016)

RESTORING POLLINATOR HABITAT



Photo: Resource Management, Inc.

- Preserving and/or restoring pollinator habitat can improve bee abundance, richness, and productivity, even in landscapes with little natural habitat

(Williams and Kremen 2007; Ricketts et al. 2008; Garibaldi et al. 2013; Nicholls and Altieri 2013)

RESTORING POLLINATOR HABITAT



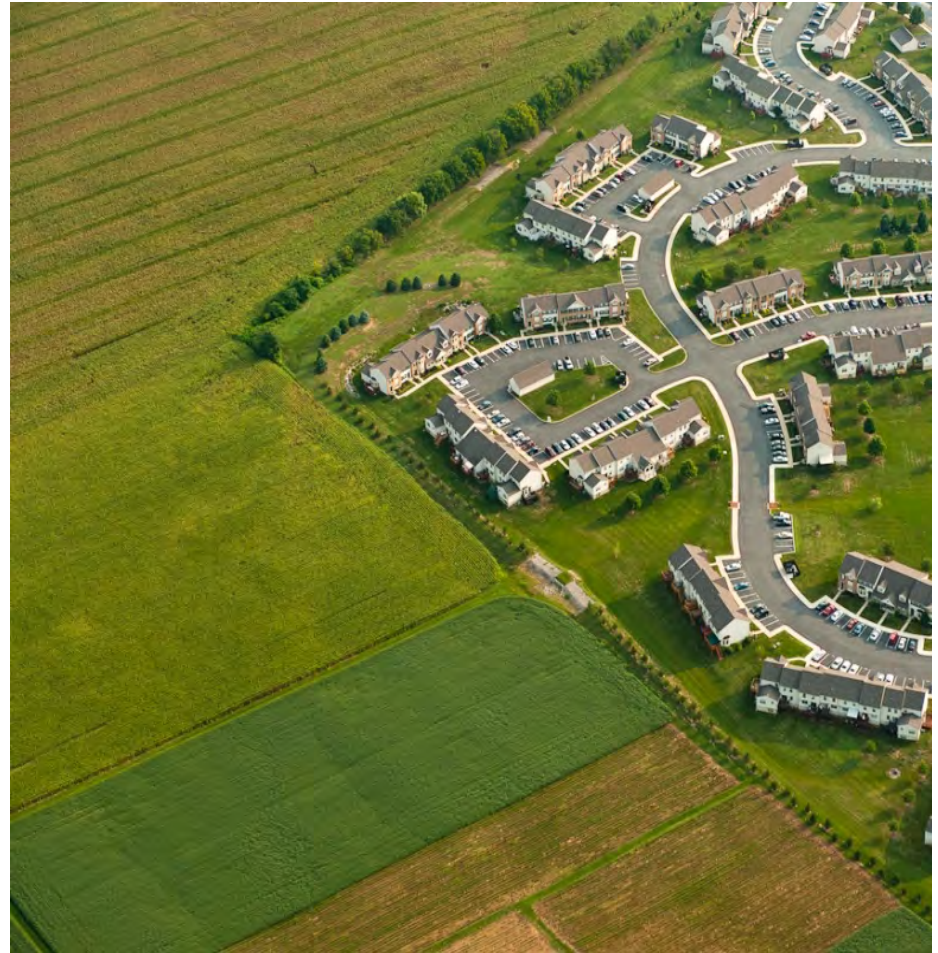
FLORAL
RESOURCES



NESTING
SITES



PROTECTION



SMALL GARDENS ADD UP



NEW ENGLAND WILD FLOWER SOCIETY'S POLLINATE NEW ENGLAND GARDENS, SUMMER 2018



IS IT NATIVE?

<http://gobotany.newenglandwild.org/>

- Use New England Wild Flower Society's "Go Botany" tool to search native plants in New England and view maps of their native distribution

Go Botany Discover thousands of New England plants

NEW ENGLAND WILD FLOWER SOCIETY

Home Simple Key PlantShare Full Key Dichotomous Key Teaching Help Search...

You are here: Simple Key > All other flowering non-woody plants > Daisies, goldenrods, and other aster family plants > *Rudbeckia laciniata*

Rudbeckia laciniata L.

green-headed coneflower

Copyright: various copyright holders. To reuse an image, please click it to see who you will need to contact.

Facts About

Some cultivars of green-headed coneflower are grown as garden ornamentals, and these may occasionally escape. Wild plants are typically found on lake and river shores, in swamps and riparian forests. Native Americans ate the young stems and leaves raw or cooked.

Habitat

Floodplain (river or stream floodplains), forests, shores of rivers or lakes, swamps, wetland margins (edges of wetlands)

Characteristics

Habitat	terrestrial, wetlands
New England state	Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont

New England Distribution
Adapted from BONAP data
Native
■ county documented

about the labels on this map

Found this plant? Take a photo and post a sighting.

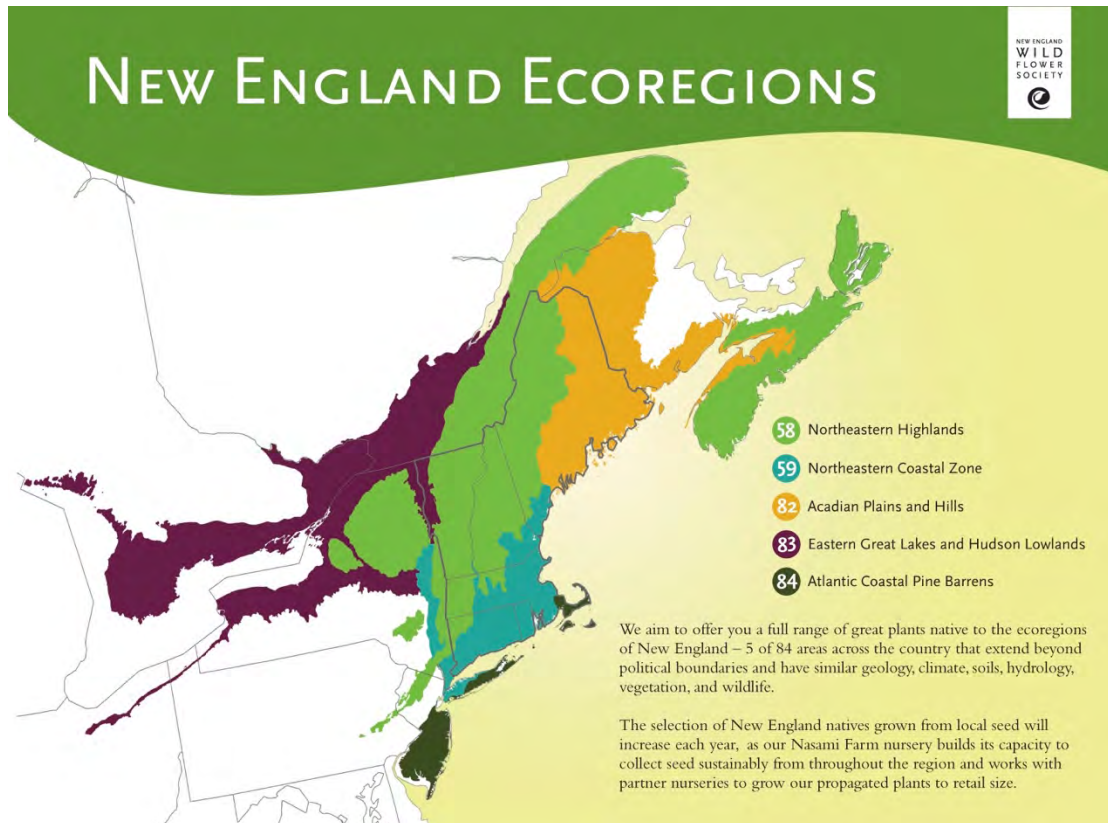
North America Distribution
Adapted from BONAP data

Native to North America?
enlarge
Yes and No (some introduced)

Sometimes Confused With
Rudbeckia subtomentosa:
disk flowers dark brown to purple or rarely yellow, stem



NEW ENGLAND ECOREGIONS



- Plant distribution doesn't adhere to political boundaries
- Ecoregions are defined by similar geologic, climate, soils, hydrology, vegetation, and wildlife
- Select plants native to your ecoregion



CREATING A NATIVE PLANT LIST?

<http://plantfinder.newenglandwild.org/>

- Use New England Wild Flower Society's "Plant Finder" tool to search for native plants that will grow well on your site

The screenshot shows the 'Plant Search' interface of the New England Wild Flower Society's website. At the top, there is a navigation bar with the logo and links for 'DONATE', 'JOIN', and a search bar. Below the navigation bar, the 'Plant Search' section features a search input field and a 'Quick Search' button. The search criteria are organized into several columns:

- Plant Type/Program:** A dropdown menu set to 'ANY TYPE' with a list of options: Fern, Groundcover, Ornamental Grass, Perennial, Shrub, Tree, and Vine/Liana. A note below indicates that a Ctrl-click (Mac users Alt-click) selects multiple types.
- Flower Color:** A dropdown menu set to 'ANY TYPE' with options: Blue, Green, Insignificant, Maroon, Non-Flowering, Orange, Pink, Purple, and Red. A note below indicates that a Ctrl-click (Mac users Alt-click) selects multiple colors.
- Height:** A dropdown menu set to 'Inches'.
- Spread:** A dropdown menu set to 'Inches'.
- Exposure:** Radio buttons for Sun, Part Shade, and Shade.
- Soil Moisture:** Radio buttons for Dry, Average, and Wet.
- Ecoregion:** A map of New England titled 'LEVEL 3 ECOREGIONS' with color-coded regions. Below the map are radio buttons for (S8) Northeastern Highlands, (S9) Northeastern Coastal Zone, (R2) Acadian Plains and Hills, (R3) Eastern Great Lakes Lowlands, and (R4) Atlantic Coastal Pine Barrens.
- Attracts Wildlife:** Radio buttons for Attracts Bees, Pollinator Powerhouse Plant, Attracts Butterflies, Host Plant, Attracts Songbirds, Attracts Hummingbirds, and Other Pollinators/Wildlife.
- Ornamental Interest:** Radio buttons for Spring Bloom, Summer Bloom, Fall Bloom, Summer Fruit, Fall/Winter Fruit, Fall Foliage, and Winter Interest and/or Evergreen.
- Attractive Fall Foliage and/or Ornamental Fruit:** Radio buttons for Red Fruit, Red to Purple Fall Foliage, Orange to Brown Fall Foliage, Bright Yellow to Bronze Fall Foliage, Blue Fruit, Multi Color Fall Foliage, Purple to Black Fruit, White Fruit, and Orange to Yellow Fruit.
- Landscape Use:** Radio buttons for Groundcover, Hedge, Massing, Specimen, and Rain Garden.
- Tolerance:** Radio buttons for Deer/Rabbit Resistant, Drought Tolerant, Salt Tolerant, Urban Environment, and Compaction Tolerant.
- Additional Attributes:** Radio buttons for Edible, Low Maintenance, Spring Ephemeral, Dioecious (fruits only on female plants), and Fragrant.

At the bottom, there are two radio buttons for search filters: 'Show only plants having ALL checked characteristics above' (selected) and 'Show plants having ANY checked characteristics above'. A 'BEGIN SEARCH' button is located at the bottom right of the search area.



ARE SOME NON-NATIVES OKAY?



Photo: Annie White, NECTAR

- Non-native plants may still provide some value to your landscape (e.g. sentimental value, aesthetic value, fill a gap in bloom time)
- Plant only well-behaved non-natives that you know will not be aggressive or escape cultivation



PURCHASING PLANTS

Traditional gallon-sized pots
Average cost: \$15/each



landscape plugs
Average cost: \$3/each



Photos: Annie White



BARE ROOT VS. CONTAINERIZED TREES & SHRUBS

Bare root



www.gardeners.com

Containerized

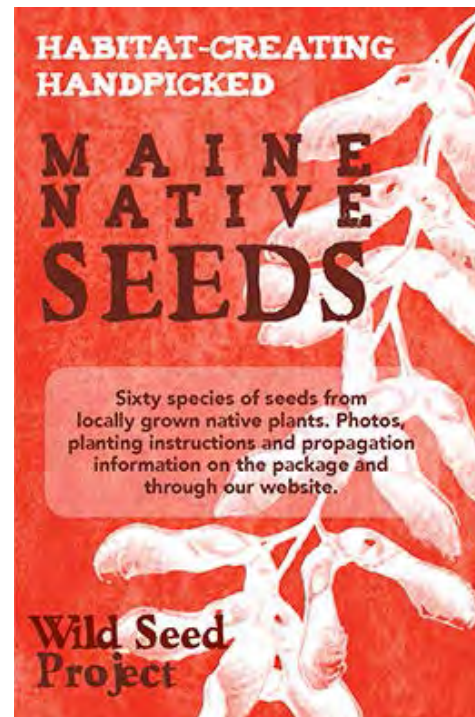


www.cws-inc.net



SEED MIXES

- Cost effective for large areas
- Less control over the design than planting plants
- Avoid seed mixes with invasive/aggressive species and high percentage of annuals
- <http://wildseedproject.net>
- www.vermontwetlandplants.com





4. EXAMPLES OF USING VEGETATION IN THE HOME LANDSCAPE TO CAPTURE STORMWATER AND IMPROVE WATER QUALITY



VEGETATION AT WORK



No-mow zones

Unmown areas of trees, shrubs, and/or herbaceous groundcovers that help stabilize soils, absorb stormwater, and provide wildlife habitat



Vegetated swales

Shallow, open channels lined with dense vegetation designed to convey, slow, and filter excess stormwater runoff



Vegetative buffers

Unmown vegetated areas that help protect tributaries and bodies of water such as streams, rivers, and lakes.



Rain gardens

Gardens of native shrub and perennials planted in a shallow depression designed to temporarily hold and soak in rain water runoff from roofs, driveways, patios or lawns.



NO-MOW ZONES



- Unmown areas of trees, shrubs, and/or herbaceous groundcovers help stabilize soils, absorb stormwater, and provide wildlife habitat





ALL-AMERICAN LAWNS

- Lawn provides no habitat for beneficial insects and wildlife
- Maintaining turf grass requires extensive labor, irrigation, fossil fuels, fertilizer, pesticides, and herbicides
- Turf grasses are shallow-rooted and prone to drought and erosion





NO-MOW ZONES

- Lawn should be an intentional design element
- Design tip: Invert the relationship between your lawn and planting beds
- Think of your lawn as an area rug, not as wall-to-wall carpeting.



Drawing by Holly Greenleaf for the Federation of Vermont Lakes and Ponds



NO-MOW ZONES



- Evaluate your property and map out areas you may be willing to convert from lawn to a no-mow zone



BEFORE: Underutilized lawn space adjacent to a lake



Holly Greenleaf

PHOTO SIMULATION: No-mow zones with pathways



NO-MOW STRATEGIES



Photos: Annie White, NECTAR

- Simply stop mowing and let natural succession occur

- Interplant native perennials, shrubs, and trees

- Remove or smother existing lawn, seed and/or plant



NO-MOW MAINTENANCE



Photos: Annie White, NECTAR

- Cut back herbaceous plants in the spring rather than fall
- Birds and beneficial insects need the winter habitat



- Enjoy the winter interest!



VEGETATED BUFFERS

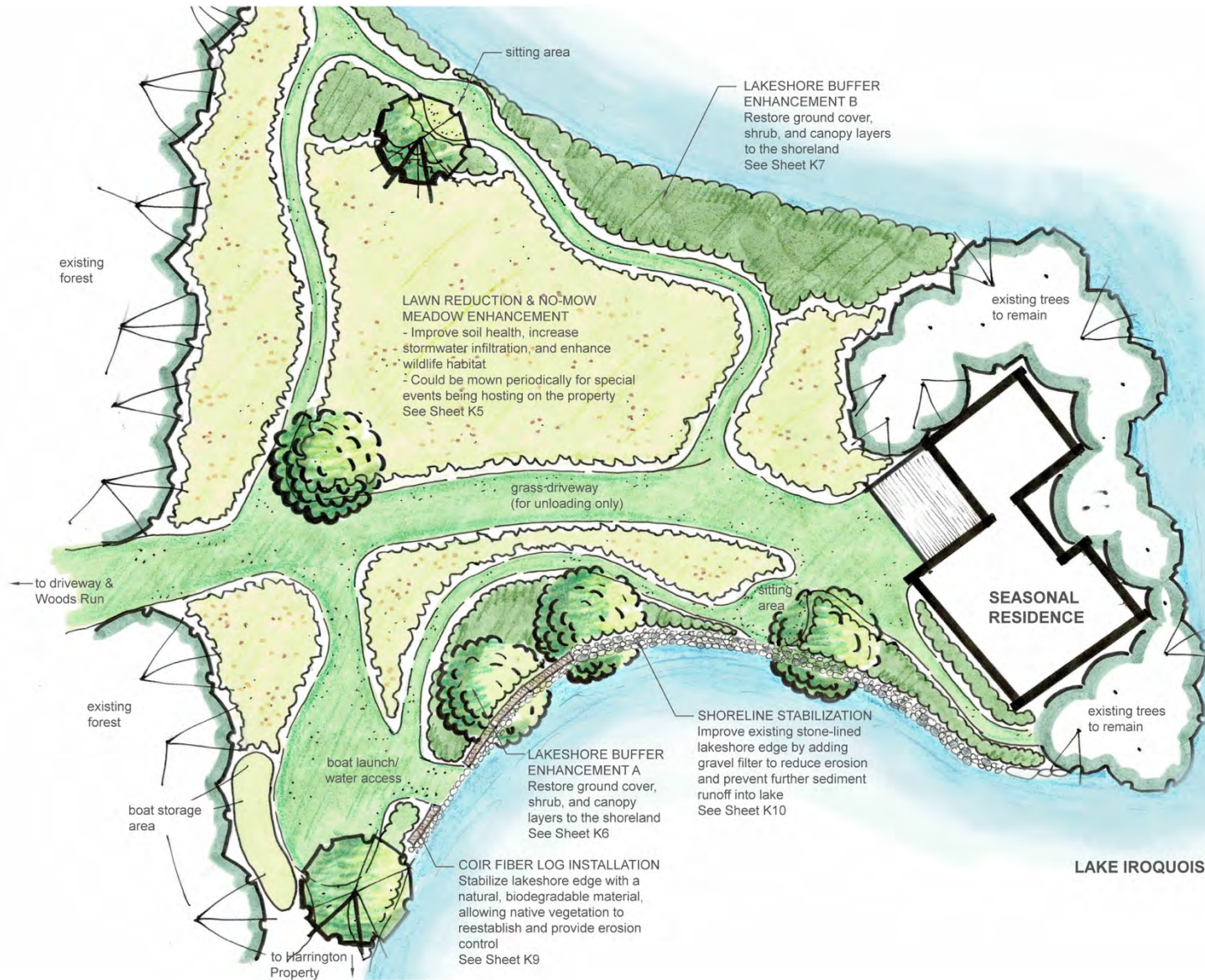
- Help protect tributaries and bodies of water such as streams, rivers, lakes, and wetlands
- Provide shade, stabilize slopes, slow down and clean stormwater runoff



Photo: Annie White, NECTAR



BEFORE: Underutilized lawn space adjacent to a lake, little buffer



DESIGN: Maximizes shoreland buffers while preserving views, lake access, and recreational spaces



BEFORE: Underutilized lawn space adjacent to a lake, little buffer




Holly Greenleaf

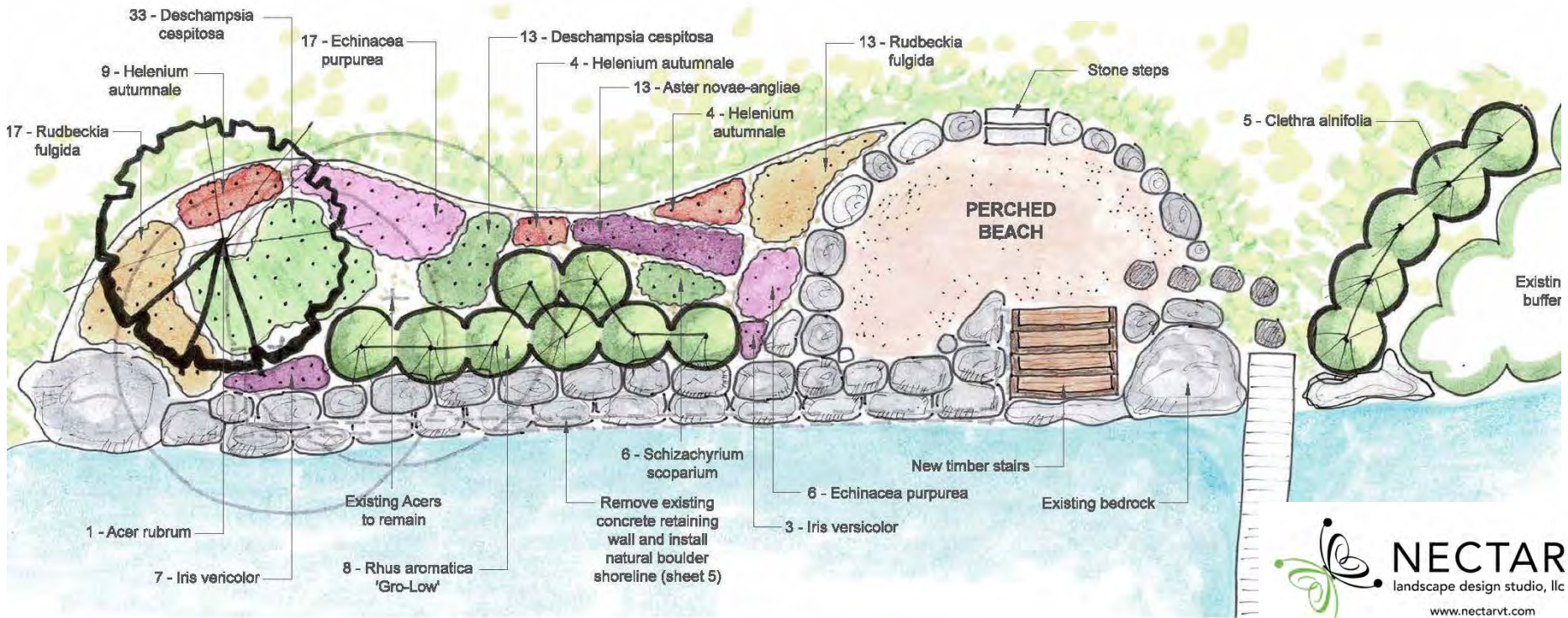
PHOTO SIMULATION: Vegetated buffer re-established

VEGETATED BUFFER DESIGN

- Sample planting design for vegetated buffer in full sun
- Planting design aesthetic mimics other ornamental flower gardens on the property

Shoreland Planting List

QTY	BOTANICAL NAME	COMMON NAME
SHORELAND BUFFER TREES		
1	<i>Acer rubrum</i>	Red Maple
SHORELAND BUFFER SHRUBS		
8	<i>Rhus aromatica</i> 'Gro Low'	Fragrant Sumac
5	<i>Clethra alnifolia</i>	Summersweet
SHORELAND PERENNIALS/ GRASSES		
10	<i>Iris versicolor</i>	Blue Flag Iris
6	<i>Schizachyrium scoparium</i> 'Carousel'	Little Bluestem
17	<i>Helianthemum autumnale</i> 'Short n' Sassy'	Helon's Flower
13	<i>Aster novae-angliae</i> 'Purple Dome'	New England Aster
23	<i>Echinacea purpurea</i> 'Magnus'	Purple Coneflower
30	<i>Rudbeckia fulgida</i> 'Goldsturm'	Black-eyed Susan
46	<i>Deschampsia cespitosa</i>	Tufted hairgrass





RAIN GARDENS

- Attractive landscape features that are planted with beautiful, deep-rooted plants that don't mind getting wet.
- Designed as shallow depressions to capture stormwater from hard surfaces.
- Perform important functions by slowing stormwater runoff and filtering pollutants before they reach our streams and rivers.





HOW DOES IT WORK?

- Runoff enters the rain garden during a storm event
- The rain garden fills to its maximum depth
- Over the next 24 hours, the plants and soils clean and soak up the water in the rain garden

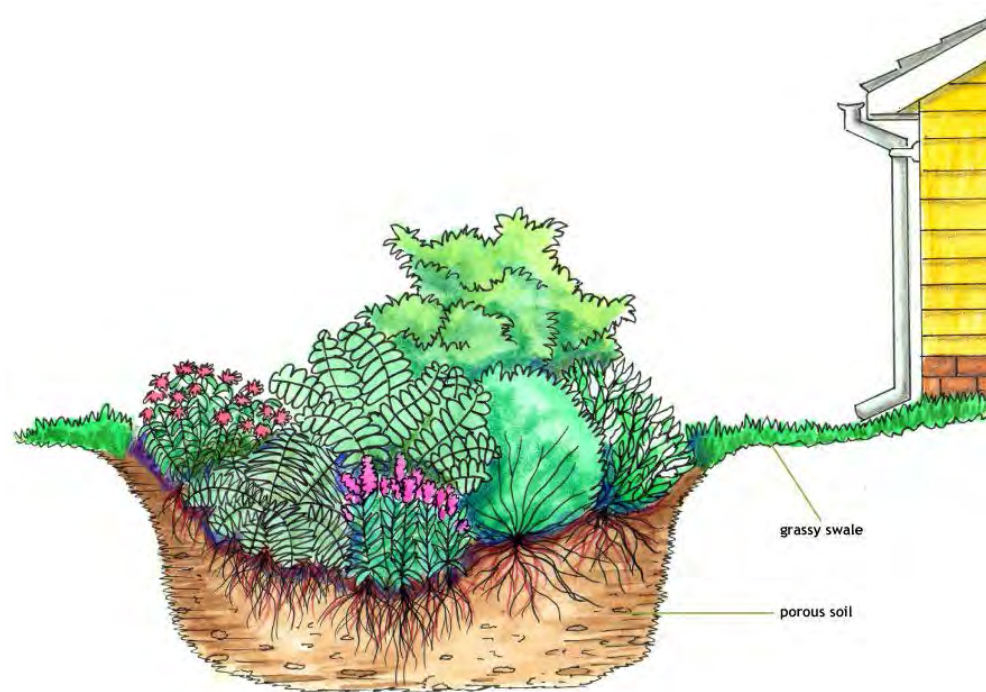


Photo: Kevin Robert Perry, ASLA



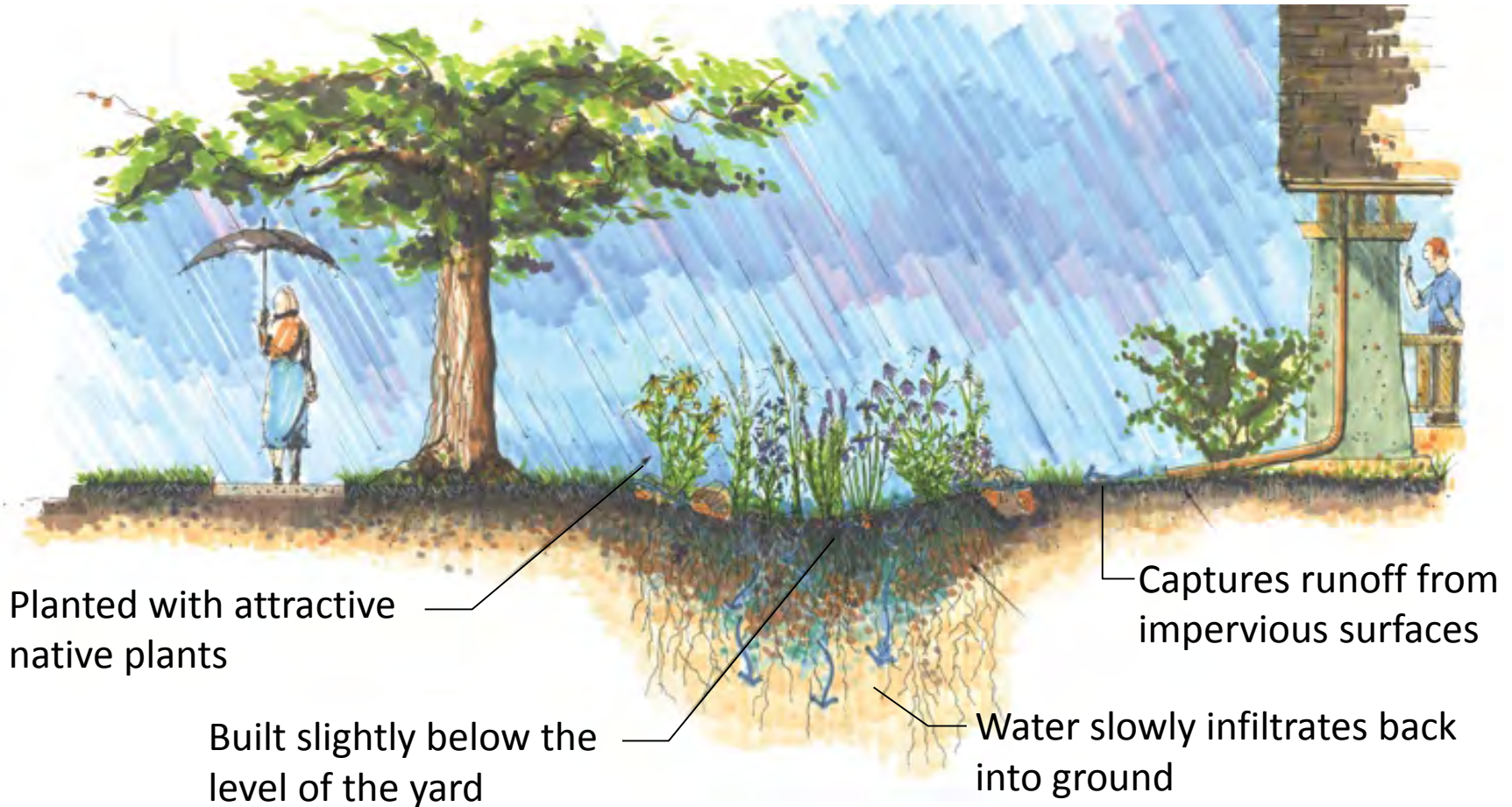
WHERE DO RAIN GARDENS NOT WORK?

- Where the seasonal high water table is within 24" of the surface
- Directly over a septic tank (or other underground utility)
- Within 10' of a septic field
- Within 10' of a building foundation
- Under an existing tree





RAIN GARDENS



RESIDENTIAL RAIN GARDEN

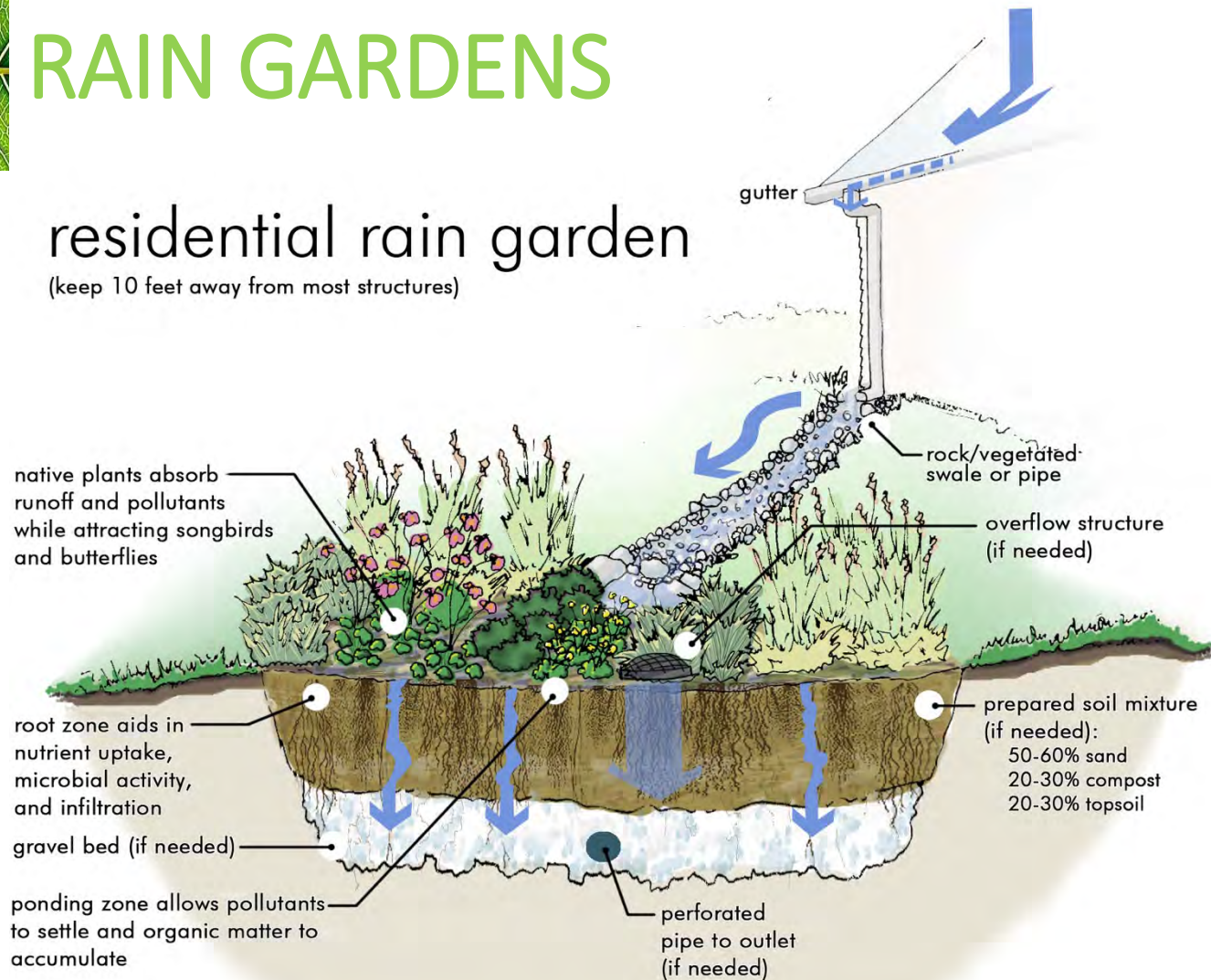




RAIN GARDENS

residential rain garden

(keep 10 feet away from most structures)



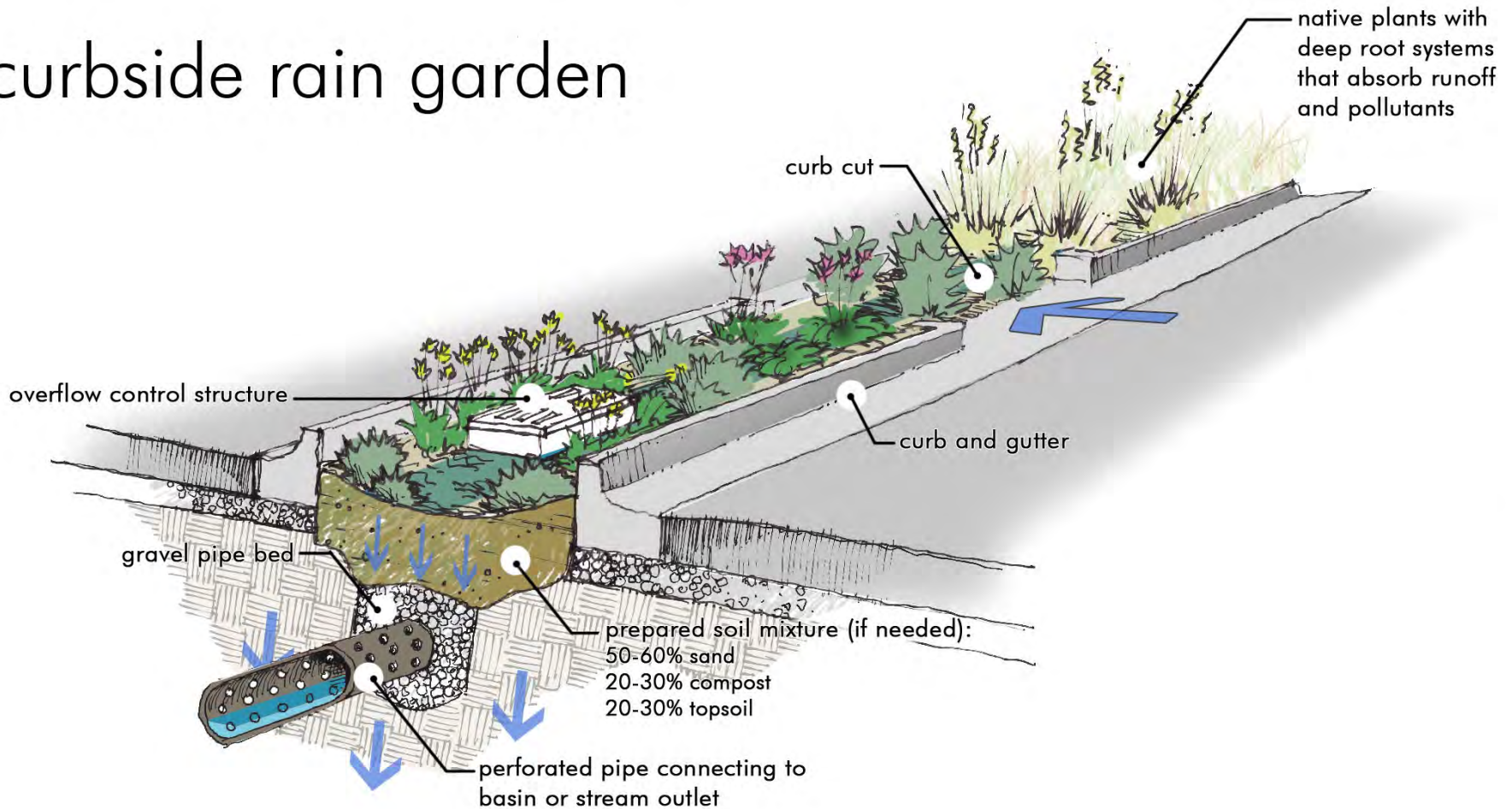
CURBSIDE RAIN GARDEN





RAIN GARDENS

curbside rain garden





BENEFITS OF RAIN GARDENS



Photo: Annie White

- Slow stormwater runoff and filter out pollutants before they reach our streams, rivers, and lakes
- Can help alleviate some drainage problems
- Provide habitat for birds & pollinators
- Enhance your home landscape



RAIN GARDEN DESIGN

- Water soaks into different soil types at different rates
- Ensure that there is not standing water in the rain garden for longer than 24 hours after a rain event
- Conduct an infiltration test
- Amend soils, if needed
- Consult a professional, if needed



Photo: EarthCycle Education, LLC



RAIN GARDEN DESIGN

- Rain garden size and depth are determined by soil infiltration rate and drainage area
- Needs to infiltrate 1” rainfall from a given drainage area within 24 hours
- Use available sizing tools or consult a professional



www.uvm.edu/seagrants/vtraingardenmanual



BEFORE: Small residence with roof & driveway runoff



PHOTO SIMULATION: Residential rain garden


Holly Greenleaf


NECTAR
landscape design studio, llc
www.nectarvt.com

RAIN GARDEN DESIGN EXAMPLE



Marsh Milkweed



Blue Flag Iris



White Turtlehead



Joe Pye Weed



Great Blue Lobelia & Cardinal Flower

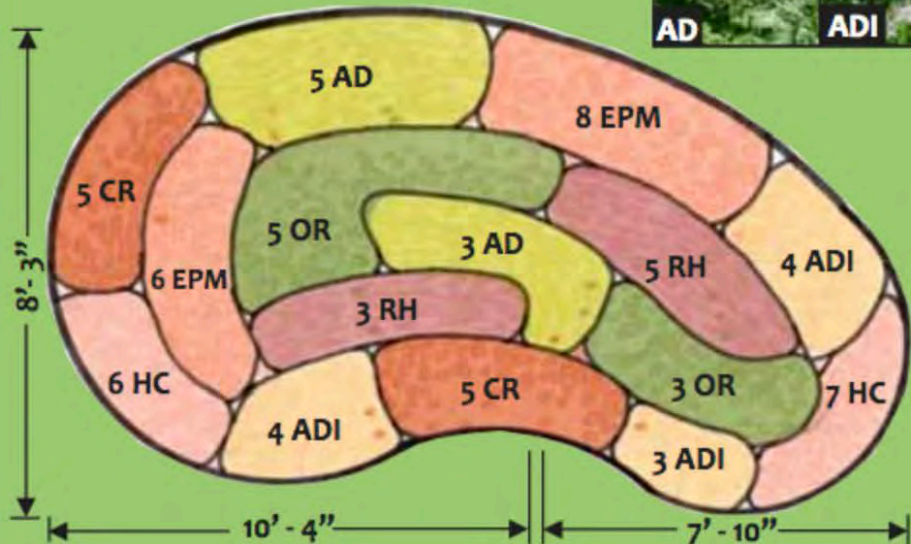
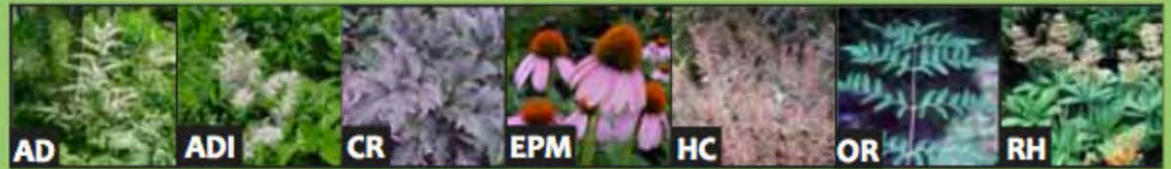


Fox Sedge

RAIN GARDEN DESIGN EXAMPLE

The Enchanted Garden - Part Shade

Abr	Qty	Botanical Name	Common Name	Height	Spread	S. Interest	Spacing	Install Size
AD	8	<i>Aruncis dioicus</i>	Goatsbeard	5'	2-4'	Spring	22-30"	1-2 Gallon
ADI	11	<i>Astilbe 'Diamant'</i>	Astilbe	30"	1.5-2'	Summer	22"	1 Gallon
CR	10	<i>Cimicifuga ramosa 'Brunette'</i>	Purple-leaf Bugbane	3-4'	2-3'	Sp, Su, Fall	22"	1 Gallon
EPM	14	<i>Echinacea purpurea 'Magnus'</i>	Coneflower	2.5-3'	1-1.5'	Summer	15-22"	1 Gallon
HC	13	<i>Heuchera 'Chocolate Ruffles'</i>	Coral Bells	1-2'	1-1.5'	Summer	15-22"	1 Gallon
OR	8	<i>Osmunda Regalis</i>	Royal Fern	3-4'	2-3'	Sp, Su, Fall	22-30"	1 Gallon
RH	8	<i>Rodgersia henrici</i> Sub. <i>Rodgersia aesculifolia</i>	Rodgersia	3-4'	3-4'	Summer	34-38"	1-2 Gallon

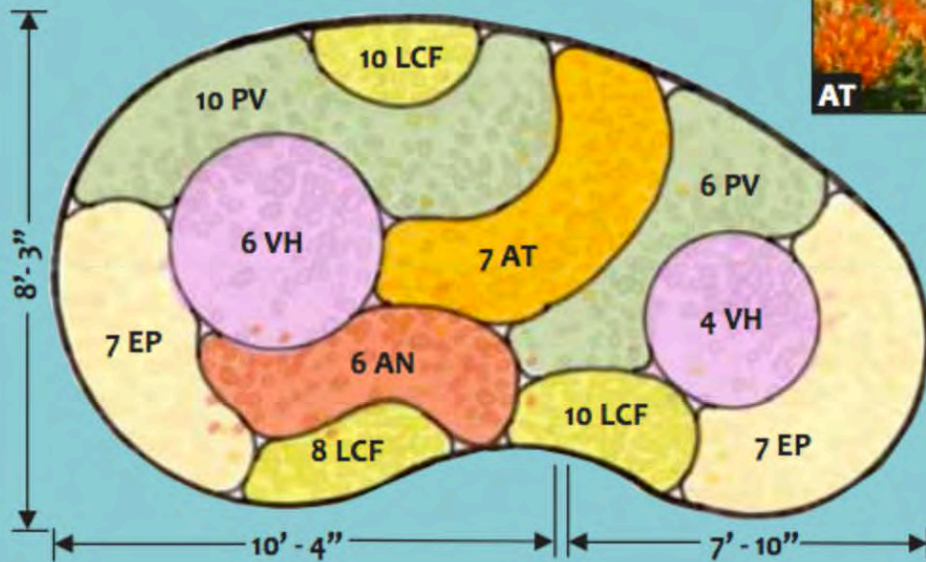
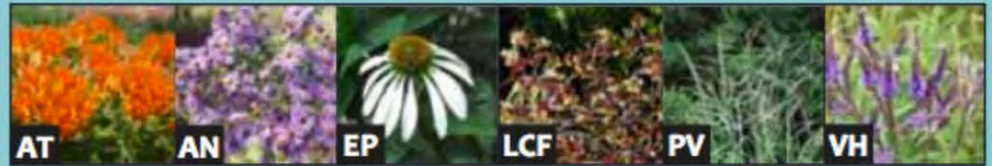


Sizing Chart			
Sq Ft	Qty of Diff. Species	Total Plant Qty	Ex. Garden Dimensions
50	3	24	6' x 4'-6"
100	5	48	8'-6" x 6'-4"
150	7	72	18'-2" x 8'-3"
200	7	96	12' x 9'
250	7	120	13'-5" x 10'

RAIN GARDEN DESIGN EXAMPLE

The Bird & Butterfly Meadow - Sun

Abr	Qty	Botanical Name	Common Name	Height	Spread	S. Interest	Spacing	Install Size
AT	7	<i>Asclepias tuberosa</i>	Butterfly Plant	1-2.5'	1-1.5'	Summer	15-22"	1 Gallon
AN	6	<i>Aster novae-angliae</i>	New England Aster	18"	1.5-2'	Fall	22"	1 Gallon
EP	14	<i>Echinacea purpurea 'Alba'</i>	Coneflower	30"	1-2'	Summer	15-22"	1 Gallon
LCF	11	<i>Lysimachia ciliate 'Firecracker'</i>	Fringed Loosestrife	1-3'	2-2.5'	Summer	22-30"	1 Gallon
PV	16	<i>Panicum virgatum</i>	Switch Grass	3-4'	2-3'	Sp, Su, Fall	22-30"	1-2 Gallon
VH	10	<i>Verbena hastate</i>	Blue Vervain	2-6'	1-1.5'	Su, Fall	15-22"	4" Pot



Sizing Chart			
Sq Ft	Qty of Diff. Species	Total Plant Qty	Ex. Garden Dimensions
50	4	21	6' x 4'-6"
100	4	42	8'-6" x 6'-4"
150	6	64	18'-2" x 8'-3"
200	6	85	12' x 9'
250	6	106	13'-5" x 10'



VEGETATED SWALES

- Shallow, open channels lined with dense, deep-rooted vegetation designed to convey, slow, and filter excess stormwater runoff
- Often used as an alternative to standard below-ground stormwater sewers
- Useful on the edges of parking lots or around developments





VEGETATED SWALES



Traditional grass swale in a residential setting



Vegetated swale

Increasing in popularity,
particularly in urban areas



Often combined with stonework
for aesthetics and erosion
control



Photo: www.robustrak.com



Photo: Eric Zavinski

SAMPLE VEGETATED SWALE DESIGN



Packera aurea (Golden Groundsel)



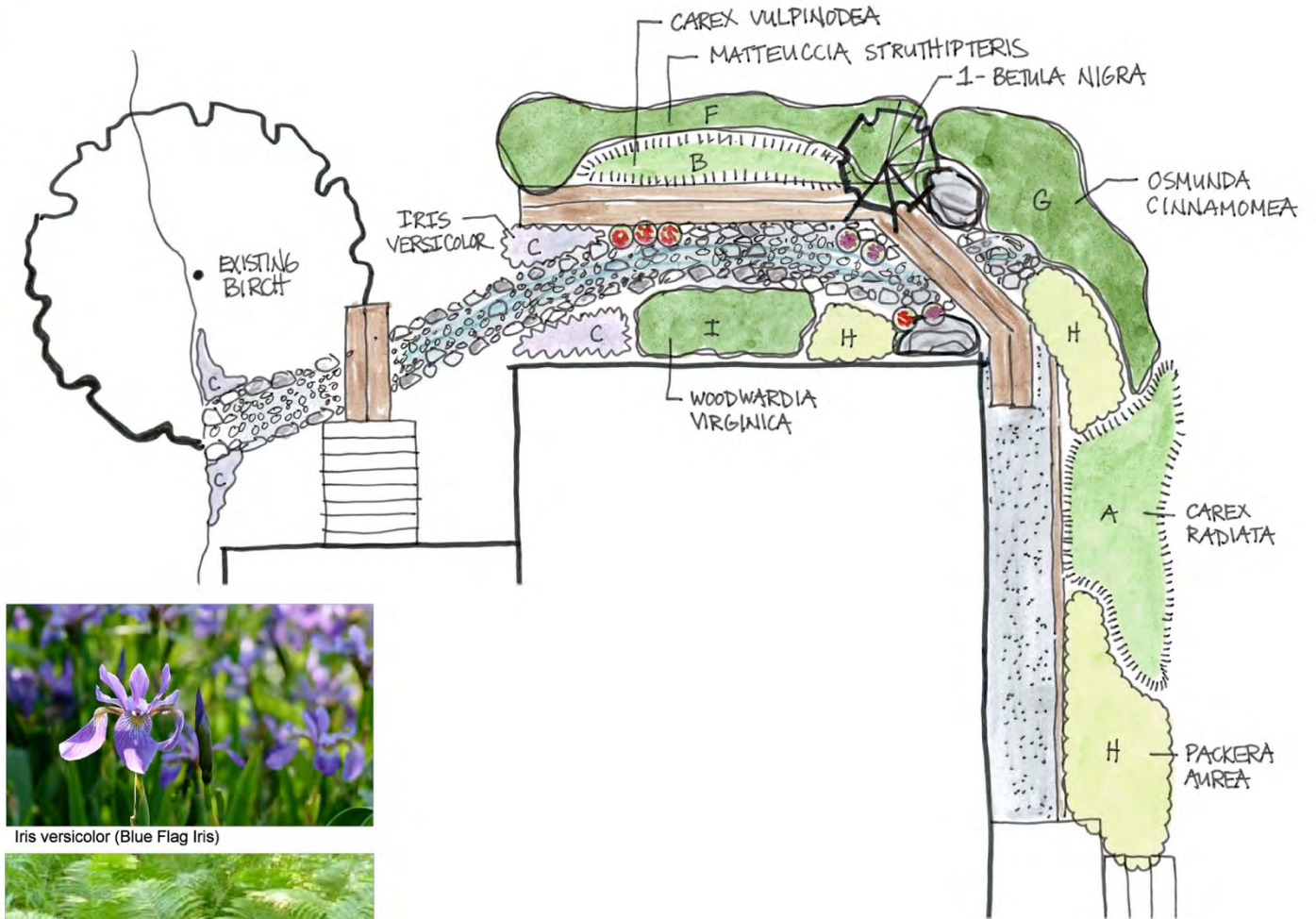
Matteuccia struthiopteris (Ostrich Fern)



Lobelia siphilitica (Great Blue Lobelia)
Lobelia cardinalis (Cardinal Flower)



Carex radiata (Eastern Star Sedge)



Iris versicolor (Blue Flag Iris)



Osmunda cinnamomea (Cinnamon fern)



CONCEPTUAL PLANNING

“Conceptual design” is part of the design process followed by landscape architects. The concept plan (a.k.a. functional diagram or bubble diagram) organizes the design elements within the landscape space, creating functionality in the design. A good concept will serve as the framework for the rest of the design process.



EXAMPLE CONCEPT PLAN

CONCEPT A



CONCEPT B





We may think we are nurturing our garden, but of course, it's our garden that is really nurturing us

– Jenny Uglow